

Reduce Medical Costs with Dario Digital Health Solutions

THE RISING COST OF DIABETES IN THE US

Spend related to diabetes presents a huge financial burden for the 37 million Americans living with diabetes and the 100 million prediabetic adults in the form of inpatient stays, medications, provider office visits and antidiabetic medications and supplies, such as testing strips.¹

Uncontrolled diabetes presents the most significant cost challenge for payers as those without good self-care habits are more likely to be hospitalized at a significant expense.

\$9,601

AVERAGE MEDICAL EXPENDITURE FOR DIABETES²

\$17,000

AVERAGE COST PER YEAR FOR GLP-1 DRUGS FOR WEIGHT LOSS AND DIABETES³

HEALTHCARE SPEND TO RISE AGAIN IN 2024

Analysts predict a 7% rise in costs for payers in 2024.⁴ The rising pressures of inflation and expensive medical costs associated with chronic condition management, including the increasing use of medications to help manage Type 2 diabetes and obesity, are helping to fuel the trend.

Access to affordable care has been a persistent problem, and it's just getting worse. The pandemic and inflation created a perfect storm that has left many struggling to meet their medical needs. In parallel, people are getting sicker.

The combination of increasing chronic conditions and the associated rising costs of care present serious challenges for payers.

THE HIGH COST OF LIVING WITH DIABETES²

\$175 B

dollars are spent annually on direct pharmacy and medical costs



2.3x

higher medical costs for people living with diabetes compared to people without the condition

DARIO DIGITAL SOLUTIONS CAN HELP YOUR BOTTOM LINE

Dario solutions are proven to deliver clinically significant improvements in users living with Type 2 diabetes.

New research extends the scope of Dario's impact to show that clinical improvements result in lower utilization and reduced medical costs, with Dario users incurring \$5,077 in medical cost savings compared to non-users.

1. Diabetes treatment can be incredibly costly. But the biggest cost is (surprisingly) not insulin | USA Today

2. The Cost of Diabetes | ADA

3. Employees want weight loss drugs Ozempic and Wegovy. Can employers afford them? | EBN

4. PwC Forecasts 7% Surge in Healthcare Costs for Payers Next Year | Distill Info Health Plan

The lower cost of care is due to fewer in-patient hospitalizations and reduced office visits after one year.

This cost savings data, presented at the American Diabetes Association 83rd Scientific Sessions, offers credible evidence demonstrating the power of digital health to drive cost savings.

Another study, presented by Sanofi U.S. at AMCP-Nexus 2023, found that users engaged with Dario's solution spent less time in the hospital, resulting in lower costs, with a 36% reduction in 30-day hospital readmission rate and 1.6 fewer days in the hospital.

ABOUT DARIO

Founded in 2011 as a direct-to-consumer digital health provider, Dario perfected its solution with real users before selling to employers, health plans, and providers. Dario's proven and popular solution makes it easy for people to care for their health, with continuous and connected digital support that meets and anticipates individual needs, understands personal motivators, and facilitates engagement and behavior change.

Dario's user-centric platform offers people continuous and customized care for their health, disrupting the traditional episodic approach to healthcare. This approach empowers people to holistically adapt their lifestyles for sustainable behavior change, driving exceptional user satisfaction, retention and results and making the right thing to do the easy thing to do.

IMPROVED OUTCOMES

2.3 pts

Reduction in HbA1c
with a baseline of >9 pts

REDUCED UTILIZATION

19%

Reduction in office
visit charges

23.5%

Reduction in in-patient
hospitalizations

REDUCED HOSPITAL EXPENDITURES

36%

Reduction in 30-day
readmission rate

1.6

Fewer days in the
hospital

LOWER COST OF CARE

\$5,077

Estimated savings in
paid claims over one year

[Learn more at dariohealth.com](https://dariohealth.com)

[Contact us for more information or to schedule a demo](#)