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Digital Therapeutics for Type 2 Diabetes: Incorporating Coaching Support and Validating Digital Monitoring

- Clinical evaluation for a 3-month period at Dr. Schorr clinic, Pennsylvania
- Subjects with type 2 diabetes HbA1c >8.5% were provided with Dario digital therapeutic platform and access to live coaching (CDCES) (N=12)
- Significant reduction in lab values such as HbA1c (2 points), Fasting Blood Glucose (18%) and Body Mass Index (BMI) (10%)
- Statistically significant improvement in glucose variability (21%)
- Significant improvement in self-reported evaluation in weight and glucose control satisfaction

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